

## ONLINE ENTRY INFORMATION

**\$12.00 Per Athlete**

**Bib required for entry!**

**Online entries will be processed through  
[www.coacho.com](http://www.coacho.com).**

Each competitor must acknowledge the waiver notification when registering or must submit a signed waiver form the day of the meet before receiving their race number.

No relay fee, but each runner has to be registered in an individual event.

**Online registration will close at 11:59pm,  
Wednesday, June 3rd, 2015.**

## AWARDS:

Medals will be awarded for 1st - 3rd Place

## GENERAL ADMISSION:

**\$5.00 Adults**

**\$3.00 Youth** (Ages 5 - 12)

**Free Youth** (Ages 4 & Under)



## DIRECTIONS:

### From Jacksonville/Daytona Beach:

I-95 South to State Road 50 West. Stay on State Road 50 for approximately 15-18 miles. Right on Alafaya Trail (SR 434) for approximately five miles. Pass University Blvd. Right at second traffic light, which is Gemini Blvd. Straight on Gemini Blvd. for a quarter of a mile; the UCF Track and Soccer Complex is on left.

### From Miami:

I-95 North to State Road 50 West. Stay on State Road 50 for approximately 15-18 miles. Right on Alafaya Trail (SR 434) for approximately five miles. Pass University Blvd. Right at second traffic light, which is Gemini Blvd. Straight on Gemini Blvd. for approx. ¼ of a mile; the UCF Track and Soccer Complex is on left.

### From Tallahassee/Northwest Florida:

I-10 East to I-75 South. I-75 South to Florida Turnpike South (turns into East-West Expressway SR 408). East-West Expressway to Greenway (SR 417) North towards Sanford. Exit on University Blvd. East to Alafaya Trail (SR 434). Left on Alafaya Trail. Right at second traffic light, which is Gemini Blvd. Straight on Gemini Blvd. for a quarter of a mile; the UCF Track and Soccer Complex is on left.

### From Tampa:

I-4 East to the East-West Expressway (SR 408) East. East-West Expressway East to Greenway (SR 417) North towards Sanford Toll Exit on University Blvd. East to Alafaya Trail (SR 434). Left on Alafaya Trail Right at second traffic light, which is Gemini Blvd. Straight on Gemini Blvd. for a quarter of a mile; the UCF Track and Soccer Complex is on left.

## LOCATION:

UCF Track & Soccer Complex  
4275 East Plaza Drive  
Orlando, Florida 38216

## FACILITY:

Surrounding one of the top pitches in all of college soccer, is an eight-lane, 400-meter track featuring a Martin Surface that was refurbished in the summer of 2004.

In 2008, an expanded throwing area for the hammer, discus and shotput was also added to the complex. Both, long jump and triple jump pits, were rebuilt ahead of the 2008 season.

## HOST:

**East Orlando Track Club**

If you, your business or someone you know is interested in sponsoring the team, tax deductible deductible donations can be made to assist athletes with equipment, training and travel.

Please call (407) 574-7033 for more information. Your support youth running and development is greatly appreciated Visit the East Orlando website at: [www.eastorlandotc.com](http://www.eastorlandotc.com) for more information about our program.

## ORDER OF EVENTS:

### FIELD EVENTS:

- 8:00am..... High Jump..... 9-10  
Long Jump..... 11-12  
Shot Put..... 13-14, 15-16, 17-18,
- 8:45am..... Shot Put..... 8 & Under, 9-10  
High Jump..... 11-12  
Long Jump..... 13-14, 15-16, 17-18,
- 8:45am..... Discus..... 17-18, 15-16, 13-14, 11-12
- 9:30am..... Long Jump..... 8 & Under, 9-10  
Shot Put..... 11-12  
High Jump..... 13-14, 15-16, 17-18,

### RUNNING EVENTS:

- 8:00am..... 3000M Run..... 11-12, 13-14, 15-16, 17-18,  
100 Meter..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,  
1500M Run..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,  
100 Hurdles..... 13-14, 15-16, 17-18,  
110 Hurdles..... 15-16, 17-18, (Boys)  
400 Meters..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,  
4x100 Relay..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,  
800 Meter..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,  
200 Meter..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,  
4x400 Relay..... 8 & Under, 9-10, 11-12, 13-14,  
15-16, 17-18,

**East Orlando Track Club**  
Orlando, Florida 32828



# East Orlando TRACK & FIELD OPEN

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SATURDAY  
JUNE 6  
2015



NO SAME DAY REGISTRATION