

NTC CROSS COUNTRY INVITEClermont, FL
National Training CenterHost: Hagerty HS
September 24, 2016**MEET OFFICIALS****Meet Director:**
Ken Brauman
Timing:
www.elitetiming.net**www.elitetiming.net**
OFFICIAL MEET REPORT
printed: 10/3/2016 2:26 PM**Race #3****JV****Men****FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Lake Nona HS	22	1-2-4-7-8(12)(13)	1:43:34	20:43	1-2-4-7-8-14-15	1:40.0
2 Lake Highland	53	3-9-10-11-20(25)(27)	1:48:59	21:48	3-9-10-13-31-41-43	2:29.0
3 Orange City Un	78	5-15-17-19-22(26)(28)	1:52:45	22:33	5-20-25-28-34-42-46	2:28.2
4 Apopka HS	92	6-18-21-23-24(30)	1:55:31	23:07	6-26-32-38-39-66	2:40.0
5 Lakeland Chris	122	14-16-29-31-32(33)(34)	2:13:48	26:46	16-22-49-71-80-82-83	9:31.9

INDIVIDUAL RESULTS

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 Aidan Earnest	FR	215	Lake Nona HS	1	19:48.09	--	6:22.0	3:57.6
2 Manuel Ramos	FR	225	Lake Nona HS	2	20:01.79	0:13.7	6:26.4	4:00.4
3 Kane McAgly	FR	151	Lake Highland Prep	3	20:47.61	0:59.6	6:41.2	4:09.5
4 Dominik Prieto	FR	224	Lake Nona HS	4	20:56.98	1:08.9	6:44.2	4:11.4
5 Alexander Martinez	JR	377	Orange City	5	20:58.16	1:10.1	6:44.6	4:11.6
6 Isaiah Wint	SO	24	Apopka HS	6	21:18.79	1:30.7	6:51.2	4:15.8
7 Ryan Rickman	FR	227	Lake Nona HS	7	21:19.05	1:31.0	6:51.3	4:15.8
8 Carlos Veyna	SR	230	Lake Nona HS	8	21:28.07	1:40.0	6:54.2	4:17.6
9 Max Olson	SO	154	Lake Highland Prep	9	21:29.57	1:41.5	6:54.7	4:17.9
10 Griffin Leckie	JR	150	Lake Highland Prep	10	21:32.01	1:44.0	6:55.4	4:18.4
11 Alexander Vaughn	FR	301	Lyman HS	-	21:39.38	1:51.3	6:57.8	4:19.9
12 Cameron Sullivan	SO	123	Hagerty HS	-	21:39.56	1:51.5	6:57.9	4:19.9
13 Michael Aslanian	SO	138	Lake Highland Prep	11	21:52.37	2:04.3	7:02.0	4:22.5
14 Trenton Mathews	SO	222	Lake Nona HS	(12)	21:55.27	2:07.2	7:02.9	4:23.1
15 Anthony Chung	SO	212	Lake Nona HS	(13)	22:03.28	2:15.2	7:05.5	4:24.7
16 Merrick Teagan	FR	271	Lakeland Christian	14	22:08.86	2:20.8	7:07.3	4:25.8
17 Rodrigo Castro	FR	211	Lake Nona HS	-	22:08.92	2:20.9	7:07.3	4:25.8
18 Elvis Agresta	JR	207	Lake Nona HS	-	22:10.82	2:22.8	7:07.9	4:26.2
19 Matthew Bauer	SO	103	Hagerty HS	-	22:27.03	2:39.0	7:13.1	4:29.4
20 Luke Blanton	FR	365	Orange City	15	22:30.18	2:42.1	7:14.1	4:30.0
21 Christopher Duran	SO	64	Cypress Creek HS	-	22:38.00	2:49.9	7:16.7	4:31.6
22 Jackson Overholt	7	262	Lakeland Christian	16	22:38.85	2:50.8	7:16.9	4:31.8
23 Bryce Pressimone	SO	297	Lyman HS	-	22:42.32	2:54.3	7:18.0	4:32.5
24 Owen Fletcher	FR	216	Lake Nona HS	-	22:46.80	2:58.7	7:19.5	4:33.4
25 Lucas Jaramillo	JR	375	Orange City	17	22:49.44	3:01.4	7:20.3	4:33.9
26 Jesse Barral	JR	8	Apopka HS	18	22:57.13	3:09.1	7:22.8	4:35.4
27 Caleb Carbonell	FR	209	Lake Nona HS	-	22:57.83	3:09.8	7:23.0	4:35.6
28 Cris Vinciguerra	FR	385	Orange City	19	23:00.30	3:12.2	7:23.8	4:36.1
29 Kevin Keeley	FR	219	Lake Nona HS	-	23:01.91	3:13.9	7:24.3	4:36.4
30 Grant Dettman	SO	107	Hagerty HS	-	23:08.68	3:20.6	7:26.5	4:37.7
31 Blaine Zweifel	SO	160	Lake Highland Prep	20	23:16.59	3:28.5	7:29.1	4:39.3
32 David Trahe	SR	21	Apopka HS	21	23:17.67	3:29.6	7:29.4	4:39.5
33 Brandon Cintron	JR	291	Lyman HS	-	23:19.66	3:31.6	7:30.1	4:39.9
34 Cameron Rhodes	FR	379	Orange City	22	23:26.27	3:38.2	7:32.2	4:41.3
35 Rudy Garcia	FR	38	Colonial HS	-	23:26.40	3:38.3	7:32.2	4:41.3
36 Jeffrey Telson	SO	480	Wekiva HS	-	23:51.29	4:03.2	7:40.2	4:46.3

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printed: 10/3/2016 2:26 PM**Race #3****JV****Men****FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
37 Jarod Metzger	SO	116	Hagerty HS	-	23:53.60	4:05.5	7:41.0	4:46.7
38 Chris Mosley	SO	16	Apopka HS	23	23:58.35	4:10.3	7:42.5	4:47.7
39 Joshua Moody	JR	15	Apopka HS	24	23:58.74	4:10.7	7:42.6	4:47.7
40 Xavier VanDressche	JR	300	Lyman HS	-	24:02.54	4:14.5	7:43.8	4:48.5
41 Sander Fess	JR	145	Lake Highland Prep	(25)	24:22.52	4:34.5	7:50.3	4:52.5
42 Trenten Ward	JR	386	Orange City	(26)	24:57.87	5:09.8	8:01.6	4:59.6
43 Parker Goldstein	SR	147	Lake Highland Prep	(27)	25:09.88	5:21.8	8:05.5	5:02.0
44 Angel Raygoza	SO	226	Lake Nona HS	-	25:24.60	5:36.5	8:10.2	5:04.9
45 Franckel Louissaint	8	408	Pine Castle	-	25:34.33	5:46.3	8:13.4	5:06.9
46 Garrett Stewart	SR	383	Orange City	(28)	25:36.33	5:48.3	8:14.0	5:07.3
47 Jack Williams	FR	159	Lake Highland Prep	-	25:37.78	5:49.7	8:14.5	5:07.6
48 Nathan Waskiewicz	FR	231	Lake Nona HS	-	25:41.89	5:53.8	8:15.8	5:08.4
49 Jeremiah Stabler	6	270	Lakeland Christian	29	26:56.84	7:08.8	8:39.9	5:23.4
50 Jackson Androski	FR	208	Lake Nona HS	-	27:29.87	7:41.8	8:50.5	5:30.0
51 Romel Nauth	SO	479	Wekiva HS	-	28:36.19	8:48.1	9:11.8	5:43.2
52 Zayd Rashid	SR	68	Cypress Creek HS	-	29:13.53	9:25.5	9:23.8	5:50.7
53 Jeremiah Pontier	SO	17	Apopka HS	(30)	29:25.54	9:37.5	9:27.7	5:53.1
54 Andre Diaz	SO	62	Cypress Creek HS	-	29:28.01	9:40.0	9:28.5	5:53.6
55 Caleb Quint	JR	263	Lakeland Christian	31	30:22.25	10:34.2	9:45.9	6:04.5
56 Joseph James	6	484	Wildwood MS/HS	-	30:23.09	10:35.0	9:46.2	6:04.6
57 Jack Sparkman	8	269	Lakeland Christian	32	31:40.69	11:52.6	10:11.2	6:20.1
58 Julian Abraham	SR	56	Cypress Creek HS	-	32:10.98	12:22.9	10:20.9	6:26.2
59 Jack Mundy	7	259	Lakeland Christian	(33)	32:19.68	12:31.6	10:23.7	6:27.9
60 Thomas Quint	FR	264	Lakeland Christian	(34)	32:20.02	12:32.0	10:23.8	6:28.0
61 Oscar Soutien	8	413	Pine Castle	-	32:25.43	12:37.4	10:25.5	6:29.1
62 Leo Sainfils	FR	411	Pine Castle	-	34:29.37	14:41.3	11:05.4	6:53.9
63 Miguel Rivera	8	410	Pine Castle	-	35:01.80	15:13.7	11:15.8	7:00.4
64 Jorge Rivera	SR	380	Orange City	-	40:44.54	20:56.5	13:06.0	8:08.9

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Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Lake Nona HS	23	2-3-4-5-9(18)(19)	2:19:52	27:59	53-55-56-57-62-78-79	0:59.0
2 Hagerty HS	33	1-6-7-8-11(15)	2:21:30	28:18	50-58-59-60-65-75	2:11.8
3 Orange City Un	69	10-12-14-16-17(20)	2:31:16	30:16	63-68-74-76-77-86	2:26.2
4 Lake Mary Prep	103	13-21-22-23-24	2:55:28	35:06	73-88-89-98-99	7:46.8

INDIVIDUAL RESULTS

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 Allison Long	SO	87	Hagerty HS	1	27:10.45	7:22.4	8:44.3	5:26.1
2 Layla Aziz	7	303	Montverde Academy	-	27:15.51	7:27.5	8:45.9	5:27.1
3 Isabella Lugo	SO	197	Lake Nona HS	2	27:38.14	7:50.1	8:53.2	5:31.6
4 Nikki Sonderskov	SR	283	Lyman HS	-	27:42.32	7:54.3	8:54.5	5:32.5
5 Claire Smith	SO	204	Lake Nona HS	3	27:46.12	7:58.1	8:55.7	5:33.2
6 Monica Ronda	JR	202	Lake Nona HS	4	27:47.98	7:59.9	8:56.3	5:33.6
7 Rebecca Dawson	FR	190	Lake Nona HS	5	28:02.24	8:14.2	9:00.9	5:36.4
8 Jillian Lloyd	JR	86	Hagerty HS	6	28:03.95	8:15.9	9:01.5	5:36.8
9 Amanda Wojtasiak	JR	100	Hagerty HS	7	28:20.09	8:32.0	9:06.7	5:40.0
10 Aubry Van Horn	SO	99	Hagerty HS	8	28:32.51	8:44.5	9:10.6	5:42.5
11 Meleah Lyden	JR	198	Lake Nona HS	9	28:37.13	8:49.1	9:12.1	5:43.4
12 Theresa Lookingbill	FR	353	Orange City	10	28:50.02	9:02.0	9:16.3	5:46.0
13 Emma Calder	FR	83	Hagerty HS	11	29:22.24	9:34.2	9:26.6	5:52.4
14 Alyssa Hernandez	FR	348	Orange City	12	29:28.80	9:40.7	9:28.7	5:53.8
15 Quantanette Torrence	JR	288	Lyman HS	-	30:02.90	10:14.8	9:39.7	6:00.6
16 Ezaria Swift	FR	284	Lyman HS	-	30:09.62	10:21.6	9:41.9	6:01.9
17 Lizzia Palenzuela	SO	178	Lake Mary Prep	13	30:39.34	10:51.3	9:51.4	6:07.9
18 Alyssa Murzycki	FR	355	Orange City	14	30:41.08	10:53.0	9:52.0	6:08.2
19 Antonietta Feroce	FR	84	Hagerty HS	(15)	30:44.02	10:56.0	9:52.9	6:08.8
20 Hannah Reynolds	SR	359	Orange City	16	30:59.63	11:11.6	9:58.0	6:11.9
21 Grace Maretsky	FR	354	Orange City	17	31:16.22	11:28.2	10:03.3	6:15.2
22 Samantha Hanke	SO	191	Lake Nona HS	(18)	31:16.46	11:28.4	10:03.4	6:15.3
23 Gabriella Thevening	JR	205	Lake Nona HS	(19)	31:18.63	11:30.6	10:04.1	6:15.7
24 Kimberly Franco	SO	44	Cypress Creek HS	-	32:21.16	12:33.1	10:24.2	6:28.2
25 Kerianne Vahey	JR	362	Orange City	(20)	33:01.10	13:13.0	10:37.0	6:36.2
26 Jessie He	JR	192	Lake Nona HS	-	33:54.18	14:06.1	10:54.1	6:46.8
27 Nicole Gaston	8	176	Lake Mary Prep	21	33:58.42	14:10.4	10:55.4	6:47.7
28 Syriah Lottimore	JR	177	Lake Mary Prep	22	34:02.96	14:14.9	10:56.9	6:48.6
29 Katherine Ghivizzani	JR	306	Montverde Academy	-	35:24.05	15:36.0	11:23.0	7:04.8
30 Ariane Block	JR	188	Lake Nona HS	-	35:41.82	15:53.8	11:28.7	7:08.4
31 Briana Spearman	JR	54	Cypress Creek HS	-	35:46.28	15:58.2	11:30.1	7:09.3
32 Vrinda Madan	SR	134	Lake Highland Prep	-	36:30.35	16:42.3	11:44.3	7:18.1
33 Lauren Zweifel	SR	137	Lake Highland Prep	-	36:44.82	16:56.8	11:48.9	7:21.0
34 Reagan Davis	6	483	Wildwood MS/HS	-	38:18.94	18:30.9	12:19.2	7:39.8
35 Devon Stephens	FR	180	Lake Mary Prep	23	38:20.59	18:32.5	12:19.7	7:40.1
36 Emily Rood	SO	179	Lake Mary Prep	24	38:26.08	18:38.0	12:21.5	7:41.2
37 Essence Ochoa	SR	281	Lyman HS	-	39:24.99	19:36.9	12:40.4	7:53.0

NTC CROSS COUNTRY INVITE

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Race #3

JV

Women

FINAL RESULTS

INDIVIDUAL RESULTS (continued)

Athlete	Year	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
38 Joanna He	SO	193	Lake Nona HS	-	39:31.71	19:43.7	12:42.6	7:54.3