



## 2024 Spring Break Invitational

IMG Academy – Bradenton, FL

Saturday March 16, 2024

Welcome to the Spring Break Invitational

Men's and Women's Triple Jump and Long Jump will be run concurrently on side-by-side runways.

Javelin, Shot Put and Discus will be conducted on the Throws field which is North East of the Stadium, Area A. Three attempts!

Field Events: will be limited this year to reflect the following by gender:

LJ / TJ – 32 Athletes

Shot / Discus – 32 Athletes

Javelin / Hammer – 24 Athletes

Pole Vault – 24 Athletes

High Jump – 24 Athletes

High Jump: 1.32M (Girls) and 1.63M (Boys)

Pole Vault Standards: 2.13M (Girls) 2.74M (Boys)

Packet pick-up will be available at the South-East Entrance of the stadium at area B at 7:00AM.

Each team will be supplied with Coach neck passes, wristbands and athlete wristbands which will be used to gain access to the meet.

Spectator Entry: Front of the Stadium \$10 Admission

Team Registration fee: 1 Gender - \$200, Both Genders \$350, Individual \$30 (Must be registered By HS Coach)

All teams and athletes must provide their own throwing implements.

Teams may put up canopies in area C and D on the outer edge of the field. (This will also be the warm-up area)

To ensure a good meet, we ask that athletes remain clear of the infield until they are escorted onto the track to compete. Please advise your athletes that they must enter the track area race ready! A warm-up field is available for their use.

Athletic trainers will be located on the northwest side of the stadium near area E.

Warm-Up Area is located south of the stadium area C . Gatorade hydration stations will be set up in various locations.

Athlete Staging is located near area C (Two Stars indicate the staging area) Eastside of team tent area.

Track athletes are required to report to the staging area prior to the final call of their event. Hip numbers will be given out to all teams in their packet for events 800M and up and must be placed on the left chest prior to entering the track for competition.

After being checked-in, athletes should remain in the staging area.

Athletes competing in more than one event simultaneously must check in/out with each official to avoid being scratched/disqualified.

We will have concession.

Athletes will receive individual awards and they will be presented at center field. At the conclusion of each event!



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### ***Jumping Events***

<u>Time</u>	<u>Loc</u>	<u>Event</u>	<u>Prelims/Finals</u>	<u>B/G</u>
8:30 AM	Stadium S	Long Jump	Finals	Both
	Stadium N	High Jump	Finals	Boys
	Stadium S	Pole Vault	Finals	Girls
(Will Follow the Long Jump)	Stadium S	Triple Jump	Finals	Both
(Will Follow Boys High Jump)	Stadium N	High Jump	Finals	Girls
(Will Follow Girls Pole Vault)	Stadium S	Pole Vault	Finals	Boys

### ***Throwing Events***

<u>Time</u>	<u>Loc</u>	<u>Event</u>	<u>Prelims/Finals</u>	<u>B/G</u>
7:45 AM	Field A	Hammer	Finals	Both
8:30 AM	Field A	Discus	Finals	Girls
(Running 2 pits A – B)	Field A	Shot Put	Finals	Boys
(Will Follow Girls Discus)	Field A	Discus	Finals	Boys
( Will Follow Boys Shot Put)	Field A	Shot Put	Finals	Girls
(Will Follow Shot / Discus)	Field A	Javelin	Finals	G/B
(Will Follow Javelin)				

### ***Running Events***

<u>Time</u>	<u>Class</u>	<u>Event</u>	<u>Prelims/Finals</u>	<u>B/G</u>
8:30 AM	All	3200M	Finals	Both
	All	4X800M Relay	Finals	Both
	All	100M Hurdles	Finals	Girls
	All	110M Hurdles	Finals	Boys
	All	100M Dash	Finals	Both
	All	1600M	Finals	Both
	All	4x100M Relay	Finals	Both
	All	400M Dash	Finals	Both
	All	400M Hurdles	Finals	Both
	All	800M Run	Finals	Both
	All	200M Dash	Finals	Both
	All	4 X 400M Relay	Finals	Both



IMG Academy Track & Field and Cross Country

Area A

Front of The Stadium  
IMG Academy baseball fields

Area B

IMG Baseball Practice Infield 1

IMG Academy  
7 min drive - v

Area C

Area E

Google